

Chapel Hill-Carrboro YMCA

Spring Gym Schedule (Effective 3/18/2011)

Subject to change without notice. Watch for posted event details.

Day/Court Time (+14min)	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Day/Court Time (+14min)
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OPEN GYM: Designed for shooting **ONLY**, Children under 12 must be supervised by a parent/guardian.

YOUTH/FAMILY: Designed for youth and families to shoot (not full-court pick-up).

ADULT PICK-UP ("P/U"): When numbers indicate, pick-up games will be started. (Ages 18+)

YOUTH PICK-UP ("P/U"): When numbers indicate, pick-up games will be started. (Ages 17 & Under)

VOLLEYBALL CLINIC/PICK-UP ("P/U"): See posted schedule in gym for additional age/experience details.

SILVER SNEAKERS: Tuesdays & Thursdays 8:15am-9:15am (Court Two)

*****Please be aware of posted special events scheduled in the gym.**

