

UPDATED SUNDAY LINE-UP!!

(EFFECTIVE FALL 2006)

3:00PM-3:30PM

DRILLS & INSTRUCTION

(ALL AGES & EXPERIENCE LEVELS WELCOME, NET ~7'5")

3:30PM-4:30PM

JUNIORS FREE PLAY

(AGES 12-18 SUGGESTED, NET ~7'5")

4:30PM-5:00PM

GENERAL FREE PLAY

(AGES 14 & UP, ALL EXPERIENCE LEVELS, NET ~7'5"-8')

5:00PM-6:45PM

ADULT FREE PLAY

(AGES 17 & UP, INTERMEDIATE TO ADVANCED EXPERIENCE,
7'5" NET UNTIL 5:30PM, THEN 8')

ALL VOLLEYBALL ACTIVITIES LOCATED ON GYM COURT TWO